This or That — Host Script

A 1–3 minute standup opener · 1–8 rounds · 2+ players

Before the meeting (2 minutes)

1. **Create the room.** Choose This or That at meeting-games.com and create a room.
2. **Seed the chat.** Paste the invite into the meeting chat and wait for the first players.
3. **Share your screen.** Show the host view so the split is visible to everyone.

Run of show

When	You do	What to say / do
0:00	**Welcome**	*“One-tap preferences, results in a few seconds. Join from the link in chat.”*
Each round (~20 s)	**Read, vote, reveal**	Read the either-or out loud. When votes are in, comment only if the split is surprising (very lopsided or close to 50/50).
After 1–3 rounds	**Finish Game**	*“Great. On to the agenda.”*

Facilitation tips

- For a daily standup run 1–3 rounds; for a longer sync, 5–8.
- Let the team suggest the next either-or from their own life. Team-specific prompts land better than generic ones.
- In large rooms keep discussion in the chat and let the screen carry the results.
- Want a bit more thinking? Switch to Would You Rather.

Round notes

Round	Either / or	Split (A / B)	Anything surprising?

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